










Prevention Exercises

Exercises are a fun and accessible way to teach and learn about primary prevention that can be repeatedly used to keep people thinking about social change in their personal and professional lives. Try these with community groups, CCR teams, volunteers and staff, etc.

-  [OVERVIEW OF PREVENTION EXERCISES](#)
 -  [Before & After Game](#)
 -  [Bystander Intervention Strategies Exercise](#)
 -  [Continuum of Harm Exercise](#)
 -  [Everyday Violent Language Exercise](#)
 -  [Hotdogs for Breakfast Game](#)
 -  [Sexual and Dating Violence Awareness Activity](#)
 -  [Social Norms Pie Exercise](#)
 -  [Social Movement Victories Exercise.pdf](#)
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